



# In the Interim

**July 26, 2021**

## **Worship in the Sanctuary**

This **Sunday, August 1st at 9 am** we celebrate Pentecost 10 with **Pastor Sue Lang** preaching and presiding in the sanctuary. The service will be live streamed via Facebook.

## **VBS Canceled**

Due to lack of registration, VBS will not be held this year.

## **Pandemic Coping Resources**

As this pandemic stretches out and cases are on the rise again, it is wise to consider self-care. We have to remember this has been hard on all of us.

The CDC offers suggestions and resources here: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

The National Alliance on Mental Illness offers resources here: <https://www.nami.org/Support-Education/NAMI-HelpLine/COVID-19-Information-and-Resources/COVID-19-Resource-and-Information-Guide>

The Commonwealth of Pennsylvania has resources here: <https://www.pa.gov/guides/mental-health/>

## **IN NEED OF: Lectors, Ushers, Altar Guild and Coffee Hour in the Pavilion Volunteers**

We need people to fill in as ushers, lectors, altar guild and to serve as hosts of the coffee hour to be held in the pavilion.

Please sign up via Sign-up Genius to volunteer.

### **Sign-up here:**

Lector <https://www.signupgenius.com/go/60B0F45A8A92EA3F85-lector1>

Usher <https://www.signupgenius.com/go/60B0F45A8A92EA3F85-ushers>

Altar Guild <https://www.signupgenius.com/go/60B0F45A8A92EA3F85-altar1>

Coffee Hour <https://www.signupgenius.com/go/60B0F45A8A92EA3F85-coffee>

## **Office Hours This Week**

Alexis will be in the church office:

Tuesday, July 27     3pm-6pm

Wednesday, July 28 TBD

Thursday, July 29 TBD

Friday, July 30 TBD

### **Pastor Sue's Availability**

Pastor Sue can be reached via her home office number 215-679-5125 and her cell phone 215-872-7360. Email: [sue@revwriter.com](mailto:sue@revwriter.com)

Please be aware that Pastor Sue does not do email on her cell phone. Email is received only through her computer and therefore reviewed only once a day.

*She will be taking Mondays off.*

### **Pastor Sue's Meetings This Week**

Thursday, July 29th 9:00 – 1:30 pm Office Hours

Thursday, July 29th 11:00 – 12:00 pm SEPA Communicators

Blessings for the week ahead,

*Pastor Sue Lang*